



## ***More research training needed for community-based organizations***

### ***Purpose***

To study current research use and need of community-based organizations (CBOs) that support healthy living for people with disabilities.

### ***Summary***

- Just over half of CBO participants used research regularly
- Preferences for information were conferences, emails or short summaries
- Barriers to research use were education, time and finances
- Positive thoughts, feelings and confidence about research encouraged use

### ***Possible Applications***

- CBOs that support healthy living for people with disabilities should give more research training for employees
- Research should be summarized into clear, short products for CBOs use

### ***Research Abstract***

The uptake of research in community-based organizations (CBOs) is low and still unknown in CBOs that promote active and healthy living in adults with a disability. Using the knowledge to action framework, the objectives of this study were to determine if a gap exists regarding the use of research in CBOs, to learn about the preferred method to receive/read research evidence and to identify the barriers and facilitators of research use. Sixty-two employees of CBOs answered an online questionnaire. A research use gap was found as only 53 % of employees indicated they often or always use research. Conferences, emails and short research summaries were the favoured method of receiving/reading research information. Education, time and financial resources were important barriers to research use, while attitudes, intentions and self-efficacy were facilitators. More efforts are needed to develop tools to help CBOs use research.

**Sweet, S. N., Latimer-Cheung, A. E., Bourne, C., & Martin Ginis, K. A. (2014). Assessing the research use and needs of organizations promoting healthy living for adults with disabilities. *Translational Behavioral Medicine, 4*, 86-94. doi: 10.1007/s13142-013-0231-2**