

Be an Online Peer Health Coach

For people with spinal cord injury



As a **peer health coach**, you'll support people living with SCI as they develop skills and confidence to manage their health. You'll receive training in **problem-solving, goal setting and action planning**, and will help us create an innovative video coaching platform.

Interested in applying?

Contact the project team
by **July 21st** at
john.shepherd@mail.utoronto.ca

What we're looking for:

- You have been living with spinal cord injury for at least **5 years**
- You're an **excellent communicator**
- You're **passionate about healthy living**, and you enjoy helping others

A partnership of the **University of Toronto** and **GF Strong Rehabilitation Centre**, with funding from the **Rick Hansen Institute**



Vancouver Coastal Health



Rick Hansen Institute
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